

## **NURSE ASSISTANT TRAINING - American Red Cross Hawaii Curriculum Details**

Hawaii requires students complete a minimum of 70 hours of lecture/lab work and 30 hours of clinical practice in a State-Approved Training course.

### **In-house Nurse Assistant Training Curriculum**

**The in-house course is divided into three phases.**

Upon registration the student will receive a text book, supplement booklet, skills book and uniform, and must sign up for an available Adult CPR/First Aid course, to be completed before phase one begins. A scheduled orientation and acceptance into the program will take place prior to the start of the course.

#### **Phase One**

The American Red Cross Hawaii In-House program will consist of 65 hours of lecture/lab work. Under supervision of an experience Nurse Assistant Training Instructor, the student will attend lectures and participate in all lab practices (63 hours), complete all reading and homework assignments; complete retention quizzes, a mid-term and final exam. Students must be competent in all 35 skills prior to moving to Phase II of the program.

#### **Phase Two**

Five seven-hour days 39 hours, of on site clinical application is required at the nursing facility designated by the American Red Cross Hawaii. The student must demonstrate classroom knowledge in a clinical setting by providing basic nursing care to residents, partnered with a staff CNA, at all times under supervision of their instructor. An additional four (4) hours of Assisted Living experience is also included in Phase II.

#### **Phase Three**

This includes three days (19.5 hours) of mock testing and a final exam. Student must pass with 80% or higher on the final exam to graduate, followed by Red Cross certification and the American Red Cross Nurse Aide pin presentation. Successful completion of phase three will prepared the student to take the State Nurse Aide Competency Examination to be a CNA.

### **Online Nurse Assistant Training Curriculum**

**The online course is divided into four phases. The student signs up for a complete four phase session and must complete the online course study by the starting date of phase two.**

#### **Phase One**

Hawaii requires students to complete 35 hours course work online. Students' work is monitored by a nurse instructor at the American Red Cross. Upon registration the student will receive a text book, skills book and uniform, and must sign up for an available Adult CPR/First Aid course, to be completed before phase three of the program begins. The online student will complete the program online, along with assigned reading from the textbook and completing chapter retention quizzes and three section exams. Retention quizzes are to check your knowledge as you complete each chapter. No passing grade is required for the retention quizzes. The student must pass the three section exams with 80% or higher score to enter the next section and to move onto the next phase. The student will then attend the orientation, see the date on the training schedule, and must pass the phase two entrance exam given on that day.

#### **Phase Two**

Classes are scheduled at the American Red Cross training branch and consist of 24.5 hours of lab practice and skills check. A nurse instructor will assist you in practicing and mastering 35 nurse aide skills prior to moving to Phase III. This will include an orientation to the nursing facility policies and procedures. Students must attend all sessions.

#### **Phase Three**

Five seven-hour days, 39 hours of on site clinical application, is required at the nursing facility designated by the American Red Cross. The student must demonstrate classroom knowledge in a clinical setting by providing basic nursing care to the residents, partnered with a staff CNA, at all times, under supervision of their instructor.

#### **Phase Four**

This includes two days (15 hours) of mock testing and a final exam. Student must pass with a grade of 80% or higher on the final exam to graduate, followed by Red Cross certification and the American Red Cross Nurse Aide pin presentation. Successful completion of phase four will prepared the student to take the State Nurse Aide Competency Examination to be a CNA.

If a student does not complete phase one by the orientation date, he/she must transfer, with a fee of \$25, to the next available session.